

## **CHRIST-LIKE CHARACTER LESSONS**

### **SELF-CONTROL:**

#### **“WHO NEEDS TO BE SELF-CONTROLLED?”**

##### **Read Titus 2:1-12.**

*As you read this passage, ask the kids to listen for the word “self-control.” Ask them to raise their hands when they hear it.*

##### **Questions for discussion**

1. Can you think of something you do that does not please God?
2. Have you ever wanted something so much that you had a tantrum when you were told you couldn't have it?
3. What is self-control?
4. Who needs to be self-controlled?
5. Why do we need to be self-controlled?
6. When are you most tempted to lose self-control?

##### **Key concepts**

Self-control is saying “no” to ungodliness (behaviour that does not please God) and worldly passions (allowing things to be so important to you that they contribute to sinful behaviour). The Bible indicates that everyone is to be self-controlled. When we choose to have the Holy Spirit live inside of us, God helps us to maintain self-control. Self-control is one of the fruits of the Spirit (**Galatians 5:22-23**). Ask God to help you remember to ask for help when you are tempted to lose self-control.